**Cyberbullying**

Hello I’m Hamid and welcome to my understanding of cyber-bullying. Cyber-bullying is social bullying through apps like Facebook, Twitter and Twit Flash. If you have been bullied or are going through online bullying you must tell an adult or your parents/carers.

You are not allowed to have a Facebook or Twitter account unless you are 13 and above. Please be safe on social apps and report or block the person if you are getting abuse online.

By Hamid (Year 5 Digital Leader)